City of Winnipeg

Summer Camps

2019 summer programs ages 3–15

winnipeg.ca/leisureonline
City of Winnipeg Summer Camps

Your summer fun begins here! City of Winnipeg summer camps feature a number of exciting options to keep the kids busy this summer. Available for ages 3–15 years, the camps operate during July and August and are conveniently offered at a variety of locations throughout the city.

There are many benefits to the summer camp experience, including helping to build independence and self-esteem by providing an opportunity for children to try new things. Camp is also a great way for children to meet new friends and create lasting memories while being active. Not only do camps offer a great experience for children, they also provide parents with an alternative to daycare, or just a well-deserved break. Parents can catch up with friends, relax, hit the gym or sign up for a Leisure Guide activity of their own!

Flip through this brochure and check out all we have to offer this summer!

All City of Winnipeg summer activities are run by experienced and well-trained staff in order to ensure your child has a great experience. All instructors are CPR & First Aid certified and have undergone a Criminal Record Check and Safety First Orientation.

Registration for all summer activities

- online: winnipeg.ca/leisureonline
- phone: 311
- in-person: visit winnipeg.ca for registration locations

Payment options: VISA, MasterCard or American Express. Please have your credit card and activity # ready.

* Please note: non-residents are assessed an additional 20% on all course fees.

Register early for your chance to win!
Register for any 2019 City of Winnipeg Summer Camp by May 3, 2019 and you could win your camp for FREE!
Fee Subsidy Program

Recreation is for Everyone!
What services are eligible for fee subsidies?

1. Facility Passes
Admission to the City of Winnipeg’s recreation facilities (swimming pools and leisure centres). Valid for one year from the date issued.

Who qualifies?
You must be a City of Winnipeg resident & one of the following must apply:
- hold a social assistance case number
- hold a refugee assistance number
- family income is below the low income cut-off (LICO) listed in chart

Other considerations may be made for special circumstances.

Who qualifies?

<table>
<thead>
<tr>
<th>People in Household</th>
<th>Household Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$25,338</td>
</tr>
<tr>
<td>2</td>
<td>$31,544</td>
</tr>
<tr>
<td>3</td>
<td>$38,780</td>
</tr>
<tr>
<td>4</td>
<td>$47,084</td>
</tr>
<tr>
<td>5</td>
<td>$53,402</td>
</tr>
<tr>
<td>6</td>
<td>$60,228</td>
</tr>
<tr>
<td>7</td>
<td>$67,055</td>
</tr>
<tr>
<td>More than 7</td>
<td>for each additional person, add $6,827</td>
</tr>
</tbody>
</table>

*Sources: Statistics Canada & Canadian Immigration & Citizenship

How to apply

1. Fill out an application form
Forms available at:
- winnipeg.ca/feesubsidy
- City of Winnipeg Recreation Facilities
- 395 Main St.
  Mon–Fri (except holidays), 8:30 am–4:30 pm

2. Provide verification of economic need
Include a copy of one of the following:
(If it has not already been supplied in the past 12 months)
- Social assistance budget letter
- Refugee assistance case number (including case worker’s name & phone number)
- Most recent Canada Revenue Agency Notice of Assessment identifying annual net income (including Notice of Assessment for your spouse / partner)
- Monthly income statement from CPP Disability (including income verification for your spouse / partner)

3. Mail or email application form and verification of economic need
Mail: Fee Subsidy Program
Community Services Department
7th Floor, 395 Main St.
Winnipeg, MB R3B 3N8
Email: cmsfeesub@winnipeg.ca

What happens next?
You will receive a letter indicating the outcome of your application in the mail. Please make sure you have provided a daytime phone number; we will call you if we have any questions.

For more information: please call 311 or email cmsfeesub@winnipeg.ca
L’il Critters Summer Fun • 3–5 years

Give your child an exciting preschool experience to remember. A different theme each week fosters socialization and new creative play experiences through crafts, games, story time, music, indoor and outdoor play. So pick a theme your child will enjoy and register early as spaces are limited. Parental participation is welcome, but not required.

L’il Explorers
You never know where we will end up next, as we set out to explore wonders from around the world. Make sure your passport is up to date.

L’il Olympians
On your mark, get set, go! Lace up your sneakers for a week featuring Olympic-themed games, crafts, activities and challenges. Through teamwork your child can look forward to a positive experience where everyone is a winner.

L’il Picassos
Let your imagination run wild as we explore the world of art. We will be using mediums such as paper, paint and play dough to make colourful creations. We will be having fun in the messiest ways!

L’il Astronauts
Preschoolers, prepare for take-off as you explore outer space! Learn about planets, stars, astronauts and spaceships. Enjoy a week of travelling through space with a variety of crafts, games and songs.

L’il Community Helpers
They’re the people that you meet when you’re walking down the street. This week we will discover what the people in our neighborhood do to make a difference.

L’il Explorers
You never know where we will end up next, as we set out to explore wonders from around the world. Make sure your passport is up to date.

L’il Olympians
On your mark, get set, go! Lace up your sneakers for a week featuring Olympic-themed games, crafts, activities and challenges. Through teamwork your child can look forward to a positive experience where everyone is a winner.

L’il Picassos
Let your imagination run wild as we explore the world of art. We will be using mediums such as paper, paint and play dough to make colourful creations. We will be having fun in the messiest ways!

L’il Time Travelers
From Dinosaurs to Robots and everything in between, join us as we move through time and space in our L’il Critters time machine.

L’il Zoologists
Come with us as we learn all about animals under the sea, in the jungle, through the forest, in a bug’s life and even the ones at home! We will do crafts and fun activities using our imaginations.

Children must be FULLY potty trained (no Pull Ups) and be able to function in the washroom independently. Children need to be the minimum of 3 years of age at the start of the program.

Camp fees are considered child care expenses for purposes of the Child Care Expenses Tax Deduction.

L’il Astronauts
Preschoolers, prepare for take-off as you explore outer space! Learn about planets, stars, astronauts and spaceships. Enjoy a week of travelling through space with a variety of crafts, games and songs.

L’il Community Helpers
They’re the people that you meet when you’re walking down the street. This week we will discover what the people in our neighborhood do to make a difference.

These programs may be offered in French. Please see winnipeg.ca/leisureonline or call 311 for information.

Register early for your chance to win!
Register for any 2019 City of Winnipeg Summer Camp by May 3, 2019 and you could win your camp for FREE!

Full Day Camps 9 am–4 pm
Please pack a nut-free snack and lunch for your child each day.

Drop off: 9–9:15 am
Pick up: 3:45–4 pm
Fee: 
- $99 /child weeks 1 & 6
- $109 /child *weeks 3, 5 & 7
- $124 /child weeks 2 & 4

*Friday program ends at noon

Half Day Camps
Please pack a nut-free snack for your child each day.
Please note: if you are registering for a morning session and an afternoon session in the same week and same location your child will not be able to stay over the lunch hour, this is reserved for our FULL day registrants.

Morning Sessions 9 am–Noon
Monday to Friday
Tuesday to Friday (weeks 1 & 6)
Drop off: 9–9:15 am
Pick up: 11:45 am–Noon
Fee: 
- $58 /child 4 days
- $72 /child 5 days

Afternoon Sessions 1–4 pm
Monday to Thursday (weeks 3, 5 & 7)
Monday to Friday (weeks 2 & 4)
Drop off: 1–1:15 pm
Pick up: 3:45–4 pm
Fee: 
- $58 /child 4 days
- $72 /child 5 days

All sites may be subject to change; no program Monday, July 1 and August 5.

call 311 or register online at winnipeg.ca/leisureonline
# L’il Critters Full Day

<table>
<thead>
<tr>
<th>Site</th>
<th>Week 1 July 2–6</th>
<th>Week 2 July 8–12</th>
<th>Week 3 July 15–19</th>
<th>Week 4 July 22–26</th>
<th>Week 5 July 29–Aug 2</th>
<th>Week 6 Aug 6–9</th>
<th>Week 7 Aug 12–16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bernie Wolfe AM</td>
<td>52832</td>
<td>52834</td>
<td>52836</td>
<td>52838</td>
<td>52841</td>
<td>52842</td>
<td></td>
</tr>
<tr>
<td>Bernie Wolfe PM</td>
<td>52833</td>
<td>52835</td>
<td>52837</td>
<td>52839</td>
<td>52840</td>
<td>52843</td>
<td></td>
</tr>
<tr>
<td>H C Avery AM</td>
<td>52843</td>
<td>52846</td>
<td>52848</td>
<td>52850</td>
<td>52853</td>
<td>52855</td>
<td></td>
</tr>
<tr>
<td>H C Avery PM</td>
<td>52845</td>
<td>52847</td>
<td>52849</td>
<td>52852</td>
<td>52854</td>
<td>52856</td>
<td></td>
</tr>
<tr>
<td>H S Paul AM</td>
<td>52862</td>
<td>52864</td>
<td>52866</td>
<td>52868</td>
<td>52871</td>
<td>52873</td>
<td></td>
</tr>
<tr>
<td>H S Paul PM</td>
<td>52863</td>
<td>52865</td>
<td>52867</td>
<td>52870</td>
<td>52872</td>
<td>52874</td>
<td></td>
</tr>
<tr>
<td>Island Lakes AM</td>
<td>52897</td>
<td>52900</td>
<td>52902</td>
<td>52904</td>
<td>52906</td>
<td>52908</td>
<td></td>
</tr>
<tr>
<td>Island Lakes PM</td>
<td>52899</td>
<td>52901</td>
<td>52903</td>
<td>52905</td>
<td>52907</td>
<td>52909</td>
<td></td>
</tr>
<tr>
<td>River East AM</td>
<td>52914</td>
<td>52917</td>
<td>52919</td>
<td>52921</td>
<td>52923</td>
<td>52925</td>
<td></td>
</tr>
<tr>
<td>River East PM</td>
<td>52916</td>
<td>52918</td>
<td>52920</td>
<td>52922</td>
<td>52924</td>
<td>52926</td>
<td></td>
</tr>
<tr>
<td>St. James Centennial AM</td>
<td>52930</td>
<td>52932</td>
<td>52934</td>
<td>52936</td>
<td>52938</td>
<td>52940</td>
<td></td>
</tr>
<tr>
<td>St. James Centennial PM</td>
<td>52931</td>
<td>52933</td>
<td>52935</td>
<td>52937</td>
<td>52939</td>
<td>52941</td>
<td></td>
</tr>
<tr>
<td>Whyte Ridge AM</td>
<td>52973</td>
<td>52975</td>
<td>52977</td>
<td>52979</td>
<td>52981</td>
<td>52983</td>
<td></td>
</tr>
<tr>
<td>Whyte Ridge PM</td>
<td>52974</td>
<td>52976</td>
<td>52978</td>
<td>52980</td>
<td>52982</td>
<td>52984</td>
<td></td>
</tr>
<tr>
<td>Wolseley AM</td>
<td>52987</td>
<td>52989</td>
<td>52991</td>
<td>52993</td>
<td>52995</td>
<td>52997</td>
<td></td>
</tr>
<tr>
<td>Wolseley PM</td>
<td>52988</td>
<td>52990</td>
<td>52992</td>
<td>52994</td>
<td>52996</td>
<td>52998</td>
<td></td>
</tr>
</tbody>
</table>

# L’il Critters Half Day

<table>
<thead>
<tr>
<th>Site</th>
<th>Week 1 July 2–6</th>
<th>Week 2 July 8–12</th>
<th>Week 3 July 15–19</th>
<th>Week 4 July 22–26</th>
<th>Week 5 July 29–Aug 2</th>
<th>Week 6 Aug 6–9</th>
<th>Week 7 Aug 12–16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bernie Wolfe AM</td>
<td>52915</td>
<td>52916</td>
<td>52917</td>
<td>52918</td>
<td>52919</td>
<td>52920</td>
<td></td>
</tr>
<tr>
<td>Bernie Wolfe PM</td>
<td>52917</td>
<td>52918</td>
<td>52919</td>
<td>52920</td>
<td>52921</td>
<td>52922</td>
<td></td>
</tr>
<tr>
<td>H C Avery AM</td>
<td>52924</td>
<td>52925</td>
<td>52926</td>
<td>52927</td>
<td>52928</td>
<td>52929</td>
<td></td>
</tr>
<tr>
<td>H C Avery PM</td>
<td>52926</td>
<td>52927</td>
<td>52928</td>
<td>52929</td>
<td>52930</td>
<td>52931</td>
<td></td>
</tr>
<tr>
<td>H S Paul AM</td>
<td>52932</td>
<td>52933</td>
<td>52934</td>
<td>52935</td>
<td>52936</td>
<td>52937</td>
<td></td>
</tr>
<tr>
<td>H S Paul PM</td>
<td>52938</td>
<td>52939</td>
<td>52940</td>
<td>52941</td>
<td>52942</td>
<td>52943</td>
<td></td>
</tr>
<tr>
<td>Island Lakes AM</td>
<td>52945</td>
<td>52946</td>
<td>52947</td>
<td>52948</td>
<td>52949</td>
<td>52950</td>
<td></td>
</tr>
<tr>
<td>Island Lakes PM</td>
<td>52951</td>
<td>52952</td>
<td>52953</td>
<td>52954</td>
<td>52955</td>
<td>52956</td>
<td></td>
</tr>
<tr>
<td>River East AM</td>
<td>52957</td>
<td>52958</td>
<td>52959</td>
<td>52960</td>
<td>52961</td>
<td>52962</td>
<td></td>
</tr>
<tr>
<td>River East PM</td>
<td>52963</td>
<td>52964</td>
<td>52965</td>
<td>52966</td>
<td>52967</td>
<td>52968</td>
<td></td>
</tr>
<tr>
<td>St. James Centennial AM</td>
<td>52974</td>
<td>52975</td>
<td>52976</td>
<td>52977</td>
<td>52978</td>
<td>52979</td>
<td></td>
</tr>
<tr>
<td>St. James Centennial PM</td>
<td>52976</td>
<td>52977</td>
<td>52978</td>
<td>52979</td>
<td>52980</td>
<td>52981</td>
<td></td>
</tr>
<tr>
<td>Whyte Ridge AM</td>
<td>52982</td>
<td>52983</td>
<td>52984</td>
<td>52985</td>
<td>52986</td>
<td>52987</td>
<td></td>
</tr>
<tr>
<td>Whyte Ridge PM</td>
<td>52988</td>
<td>52989</td>
<td>52990</td>
<td>52991</td>
<td>52992</td>
<td>52993</td>
<td></td>
</tr>
<tr>
<td>Wolseley AM</td>
<td>52994</td>
<td>52995</td>
<td>52996</td>
<td>52997</td>
<td>52998</td>
<td>52999</td>
<td></td>
</tr>
<tr>
<td>Wolseley PM</td>
<td>53000</td>
<td>53001</td>
<td>53002</td>
<td>53003</td>
<td>53004</td>
<td>53005</td>
<td></td>
</tr>
</tbody>
</table>

call 311 or register online at winnipeg.ca/leisureonline
Cartown

...where all 4–7 year-olds are licensed to drive!

Welcome to the City of Winnipeg’s premiere children’s road safety program! Operating June 5–August 2, Cartown is designed to teach children about driving safety in an entertaining, realistic town setting. Each session includes games and songs, pedestrian safety and road instruction. A driver’s license is issued at the end of each session.

Parents… we encourage your assistance with the program to ensure maximum enjoyment.

When: June 5–August 2
Where: Sam Southern Arena: 625 Osborne St.

Admission Fees
Groups of 1–5 $13/child
Groups of 6–20 $12/child

French Cartown slots are marked with a ✪.

Using leisureONLINE to register for Cartown

1. Go to winnipeg.ca/leisureonline
2. Search for Cartown
3. Sort the results by date by using the drop-down on the right, just above the activity listing
4. Find the date you wish to register for
5. Click the “More” button to view all available timeslots for that date

Call 311 or register online at winnipeg.ca/leisureonline
“Excellent program for kids! So much fun—they had a blast!”
-participant

“Great leaders, well organized, our son left so proud of himself.”
-participant

“Thank you. Instructor was great with kids. You can see a lot of hard work has gone into creating all the props. So much fun to see!”
-participant

“Thank you, it was wonderful!”
-participant

call 311 or register online at winnipeg.ca/leisureonline
What’s Up! • 6–12 years

Calling all adventurous, fun-seekers to come join us for some “summer fun in the sun”, make new friends and enjoy an action packed week of activities and games, led by qualified staff in a safe environment. We will make “messes & masterpieces” when we get creative with crafts. We will enjoy some “lip-smacking snacks” and “incredible edibles” when we put our chef hats on. “Sing & dance” our way through the week as we move & groove to our favourite music and songs. We will also “explore & discover” as we trek-out on some “urban adventures” and outings in the surrounding neighbourhood and local area. Are you excited and curious about the activities that we have in store for you; then “come on down” and check out “WHAT’S UP!”

Program Highlights: For ages 6–12; crafts, games, sports, music, cooking & gardening activities & outings.

Daily drop-off time is 7:45–9 am and pick-up time is 4–5 pm sharp! The program structure operates from 9 am–4 pm. Supervised drop-off & pick-up times are unstructured free play.

Fee: $125  4-day week (July 2–5 & August 6–9)
     $157  5-day week

Camp fees are considered child care expenses for purposes of the Child Care Expenses Tax Deduction.

All sites and activities may be subject to change. Additional minimal fees may apply.

Please notify our office at the time of registration if your child has special needs, is on medication or has a medical condition or allergies.

Please provide your child daily with: a nut-free bag lunch & drink, a hat, sunscreen, bug repellent, drinking water, a few snacks, bathing suit & towel (for water activities; this may not include swimming). The children will be exposed to outdoor activities for a good part of the day, so come prepared and dressed accordingly; and with proper footwear.

Program Highlights: For ages 6–12; crafts, games, sports, music, cooking & gardening activities & outings.

Daily drop-off time is 7:45–9 am and pick-up time is 4–5 pm sharp! The program structure operates from 9 am–4 pm. Supervised drop-off & pick-up times are unstructured free play.

Register early for your chance to win! Register for any 2019 City of Winnipeg Summer Camp by May 3, 2019 and you could win your camp for FREE!
Learn to Fish • 7 years+
Fishing can be pretty complicated if you are just learning. What kind of rod and reel do you use? Do you use minnows or worms, a pickerel rig or a jig? How do you tie a good knot, so you don’t let the big one get away? Where do you catch them? You’ll find the answers to these questions at our learn to fish program designed to introduce Winnipeg families to exciting recreational angling action right here in Winnipeg. Note angling licenses are not required for this program. Basic fishing equipment is provided; children are required to wear life jackets. Children are to be registered with at least one guardian, price per person. All participants must be registered.

Fee: $14 1 day
Ernie O’ Dowda Memorial Park: Midwinter Ave. & Levis St.
50654 Tue May 28 6–8:30 pm
50653 Sat Jun 8 9–11:30 am
50655 Thu Jul 11 6–8:30 pm
50656 Thu Aug 8 6–8:30 pm

Learn to Fly Fish • 16 years
NEW! Learn the fundamentals of fly fishing with an expert instructor! This clinic will have you on the shore practicing your casting technique and fishing the rivers in Winnipeg. We will go over the background and history of fly fishing, basic fishing knots, basic entomology and fly selection. Information booklets will be provided to all participants.

Fee: $16 1 day
St. Vital Park: 190 River Rd.
50627 Sat May 11 9:30 am–12:30 pm
50628 Wed May 15 6–9 pm

Fish ’n’ Fun Programs • 7–12 years
These camps are designed to introduce participants to the world of fishing. The week long camps will include fishing and another sport or theme. Other activities such as swimming, crafts and excursions may be a part of the program. Fishing on the Red River, with fishing pro Todd Longley of City Cats will be included; weather and water levels permitting. There will be highway driving for excursions. Please read the descriptions to find out what is included in each program.

Camp fees are considered child care expenses for purposes of the Child Care Expenses Tax Deduction.

• Drop off from 8–9 am
• Pickup from 4–5 pm

Fish ’n’ Fun Girls Only
A week of crafts, games, sports and of course fishing. Includes swimming at Kildonan Park.

Fee: $201 5 days
Fort Rouge Leisure Centre: 625 Osborne St.
50668 Mon–Fri Aug 19–23 8 am–5 pm

Fish ’n’ Fun / Ball Hockey
Part of our day will be spent teaching your children all about the wonderful world of fishing, with of course, the opportunity to try out their fishing skills. The remainder of the day will be spent playing the game of ball hockey along with other activities.

Fee: $204 5 days
Charles A. Barbour Arena: 500 Nathaniel St.
50678 Mon–Fri Jul 15–19 8 am–5 pm
50689 Mon–Fri Aug 12–16 8 am–5 pm

Fish ’n’ Fun / Basketball
This camp offers a combination of basketball and fishing. The days will be spent learning and playing basketball and other activities, as well as introducing participants to the wonderful world of fishing.

Fee: $204 5 days
Fort Rouge Leisure Centre: 625 Osborne St.
50723 Mon–Fri Jul 29–Aug 2 8 am–5 pm

Fish ’n’ Fun / Dodgeball
In this program the participants will fish as well as learn and play a variety of different dodgeball games throughout the week. Half of each day will consist of dodgeball instruction and games; and the remaining half of each day will be spent introducing participants to the wonderful world of fishing.

Fee: $163 4 days
Fort Rouge Leisure Centre: 625 Osborne St.
50705 Tue–Fri Jul 2–5 8 am–5 pm

Fish ’n’ Fun / Golf
This week your children will be introduced to the wonderful world of fishing and golf. One morning will be spent learning golf techniques; the remainder of the days will be spent playing golf and learning to fish. Please Note: Bring your own golf equipment.

Fee: $241 4 days
St. James Civic Centre: 2055 Ness Ave.
51247 Tue–Fri Jul 8–12 8 am–5 pm
51248 Mon–Fri Jul 22–26 8 am–5 pm

Fish WinnipeFishing
Youth Fishing Program
FREE

• FREE shoreline urban fish program
• for organizations who deal with youth ages 10–17 years
• all equipment and transportation provided
• we supply one guide
• maximum of 6 participants; one chaperone must accompany your group

July 2–August 23, 2019
To register, call 204-918-1353

Call 311 or register online at winnipeg.ca/leisureonline
Sports Camps

To achieve success in sport—either as a recreational or competitive activity—children must first develop Physical Literacy.

As described by Canadian Sport for Life, Physically Literate individuals:

- Demonstrate a wide variety of basic human movements, fundamental movement skills and fundamental sports skills.
- Move with poise, confidence, competence and creativity in different physical environments (on the ground, both indoor and outdoor; in the air; in and on the water; on snow and ice).
- Develop the motivation and ability to understand, communicate, apply and analyze different forms of movement.
- Make choices that engage them in physical activity, recreation or sports activities that enhance their physical and psychological wellness, and permit them to pursue sport excellence commensurate with their ability and motivation.

The City of Winnipeg Sports Camps will introduce and develop such skills including running, jumping, catching, throwing, and batting to children. Children will have the opportunity to master fundamental movements during Physical Activity Sessions offered throughout the day at each camp.

FULL DAY SPORTS CAMPS

Drop off 8–9 am. Pick-up 4–5 pm.

Camp fees are considered child care expenses for purposes of the Child Care Expenses Tax Deduction.

Leap, Hop, Jump • 6–10 years
This camp will introduce participants to the basic components of cheerleading, dance and gymnastics in a safe setting. A swim will be included to round out the day.

Fee: $153
St. James Civic Centre: 2055 Ness Ave.
52878 Tue–Fri Jul 2–5 8 am–5 pm

Baseball / Lacrosse • 8–14 years
The fundamentals and rules of baseball and lacrosse will be taught through active drills and games. Other sports to round out the day.

Fee: $198
Norwood CC: 87 Walmer St.
52927 Mon–Fri Jul 8–12 8 am–5 pm

Explore Sports • 8–14 years
Participants will explore sports that allow them to develop skills in running, jumping, throwing and catching. They will be introduced to the sport through fun concepts and basic instruction on the elements of the game.

Fee: $153
Morse Place CC: 700 Munroe Ave.
53068 Tue–Fri Jul 2–5 8 am–5 pm

Fee: $191
Morse Place CC: 700 Munroe Ave.
53069 Mon–Fri Jul 15–19 8 am–5 pm

Norwood CC: 87 Walmer St.
53056 Mon–Fri Jul 22–26 8 am–5 pm

Flag Football / Soccer • 8–14 years
This camp will offer an introduction to flag football and soccer, with an introduction to core skills of passing, catching and defensive positioning with both sports. Depending on scheduling, there may be an excursion to a Blue Bombers practice.

Fee: $191
Norwood CC: 87 Walmer St.
53464 Mon–Fri Jul 15–19 8 am–5 pm

Intro to Golf and Yoga • 8–14 years
The game of Golf will be introduced through fun concepts and basic instruction. Children will become familiar with the tee, the green, various golf clubs and basic golf etiquette. A round of golf will be played each day after which participants will get the opportunity to practice and learn basic yoga techniques. Swimming will be included each day. Please bring your own golf equipment (sets are available for loan or rent at the golf course if needed), and dress for the weather, rain or shine.

Fee: $244
Assiniboine Golf Club: 2045 Ness Ave.
53466 Tue–Fri Jul 2–5 8 am–5 pm

Outdoor Adventures • 9–15 years
This camp incorporates soccer, ultimate frisbee, flag football, as well as fun outdoor activities. A biking and swimming component will be included each day (weather permitting). Participants must bring their own bikes and helmets.

Fee: $191
Norwood CC: 87 Walmer St.
53067 Mon–Fri Jul 29–Aug 2 8 am–5 pm
**Fencing / Curling • 9–15 years**
A beginner fencing camp which focuses on the basics of the sport. Instructors will introduce the techniques of foil and epee swords. Floor curling will also be introduced to participants to teach the basic movements and techniques. A swimming component will be included at the end of the day.

**Fee:** $198 5 days
St. James Civic Centre: 2055 Ness Ave.
52884 Mon–Fri  Jul 15–19 8 am–5 pm

**A Taste of Fitness • 10–15 years**
This camp will introduce your child to a variety of fitness and sport activities. Your child will be exposed to a taste of martial arts, yoga, sport, dance and aqua fitness. Create an appetite for a healthy active life! Swimming will be included.

**Fee:** $191 5 days
St. James Civic Centre: 2055 Ness Ave.
52885 Mon–Fri  Jul 8–12  8 am–5 pm

**Water Explore Sports Camp 8–10 years**
Participants will explore water sports, such as canoeing, kayaking, stand-up paddle boarding and may include dragon boat racing and rowing. You will be introduced to the sport through fun concepts and basic instruction.

**Fee:** $198 5 days
Cindy Klassen Rec. Complex: 999 Sargent Ave.
52886 Mon–Fri  Jul 22–26 8 am–5 pm

**Water Explore Sports Camp 11–15 years**
Participants will explore water sports, such as canoeing, kayaking, stand-up paddle boarding through fun concepts and basic instruction. This camp includes a canoe trip to La Barrier Park, weather permitting.

**Fee:** $159 4 days
Cindy Klassen Rec. Complex: 999 Sargent Ave.
52887 Tue–Fri  Aug 6–9  8 am–5 pm

**HOCKEY SKILLS PROGRAM**
**First Line Hockey Skills • Coed**
A program for hockey players who want to improve basic hockey skills such as stick handling, shooting, passing and receiving. Each class will include a brief power skating session. Stick and puck required. Full hockey equipment is recommended. Must be able to skate. Introductory Power or equivalent skills are a prerequisite. Helmet is mandatory.

**Fee:** $115 4 weeks
Century Arena: 1377 Clarence Ave.
6–8 years
52757 Tue/Thu  Aug 20–Sep 12  5:30–6:30 pm
9–12 years
52758 Tue/Thu  Aug 20–Sep 12  6:30–7:30 pm

**Beach Volleyball • 10–15 years**
Participants will be introduced to Beach volleyball through fun concepts and basic instruction. Swimming will be included.

**Fee:** $198 5 days
Cindy Klassen Rec. Complex: 999 Sargent Ave.
52888 Mon–Fri  Aug 12–16  8 am–5 pm

**Dance & Cheerleading • 11–15 years**
Learn the latest dance steps in jazz, hip hop and sizzling funk. The program will introduce the participants to the basics of cheerleading. Instruction will include the basic cheer, motion, chants, dancing and various jump techniques in a safe setting.

**Fee:** $198 5 days
St. James Civic Centre: 2055 Ness Ave.
52887 Mon–Fri  Aug 12–16  8 am–5 pm

**TENNIS**
**Tennis Camps • 8–14 years**
An introduction to the game of tennis highlighting ground strokes, service, volley, rules and equipment. Racquets and balls are provided at the program or participants may bring their own racquets. In the event of rain, participants will be called at least one hour prior to program start time.

**Fee:** $80 4 days
Deer Lodge Tennis Club: 2050 Ness Ave.
53506 Tue–Fri  Aug 6–9  10 am–1 pm
53507 Tue–Fri  Aug 12–15 10 am–1 pm
53508 Mon–Thu  Aug 19–22  10 am–1 pm
53509 Mon–Thu  Aug 26–29  10 am–1 pm

**Register early for your chance to win!** Register for any 2019 City of Winnipeg Summer Camp by May 3, 2019 and you could win your camp for FREE!
Future Links Golf Program Level 1
8–14 years
Children are introduced to the game of golf through fun concepts and basic instruction on the elements of the game. They are introduced to the tee, the green and the golf clubs, as well as basic golf etiquette. Each day is concluded with a round of golf. Some sites will complete the day with a swim (access and weather permitting). Please bring your own golf equipment. (Sets are available for loan or rent at the appropriate golf course).

Fee: $244 4 days
$305 5 days

Future Links Golf Program Level 2
9–14 years
This week of camp, participants will have the opportunity to be a part of the Players Cup 2019! The elements of the game are taught by a PGA of Canada Golf Professional each morning. This includes a review of the rules and etiquette involved in the game, technical instruction on stand, swing and tips to lower your score. Each day is concluded with a round of golf. This is a level 2 camp, some golf experience is highly recommended. Please bring your own golf equipment. (Sets are available for loan or rent at the course.) Please dress for the weather, rain or shine.

Fee: $324 5 days

Future Links Golf Programs operate from 8 am–5 pm

<table>
<thead>
<tr>
<th>Week</th>
<th>Date(s)</th>
<th>Course</th>
<th>Duration</th>
<th>Level</th>
<th>Swimming</th>
</tr>
</thead>
<tbody>
<tr>
<td>52518</td>
<td>Week 1</td>
<td>Jul 2–5</td>
<td>Kildonan Golf Course</td>
<td>4 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52520</td>
<td>Week 2</td>
<td>Jul 8–12</td>
<td>Crescent Drive Golf Course</td>
<td>5 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52521</td>
<td>Week 3</td>
<td>Jul 15–19</td>
<td>Crescent Drive Golf Course</td>
<td>5 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52522</td>
<td>Week 4</td>
<td>Jul 22–26</td>
<td>Windsor Park Golf Course</td>
<td>5 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52523</td>
<td>Week 5</td>
<td>Jul 29–Aug 2</td>
<td>Assiniboine Park Golf Course</td>
<td>5 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52524</td>
<td>Week 6</td>
<td>Aug 6–9</td>
<td>Windsor Park Golf Course</td>
<td>4 days</td>
<td>Level 1</td>
</tr>
<tr>
<td>52525</td>
<td>Week 7</td>
<td>Aug 12–16</td>
<td>Harbour View Golf Course</td>
<td>5 days</td>
<td>Level 2</td>
</tr>
</tbody>
</table>

- Future Links Golf Programs operate from 8 am–5 pm.
- Camp fees are considered child care expenses for purposes of the Child Care Expenses Tax Deduction.
- Please bring your own golf equipment. Sets are available for rent at the golf courses.

Register early for your chance to win! Register for any 2019 City of Winnipeg Summer Camp by May 3, 2019 and you could win your camp for FREE!

KIDS PLAY FREE*
at Crescent Drive and Harbour View Golf Courses

*Junior golfers play for FREE after 3 p.m. Friday, Saturday, Sunday and Holidays when accompanied by a paid adult or senior green fee.

Book tee times at winnipeg.ca/golf