

Sergeant Tommy Prince Place**90 Sinclair at Dufferin**

height entry requirement 44" / 112 cm at shoulders

Schedule effective September 29 – December 9, 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim *limited space	*12:00 pm – 4:00 pm	*1:00 pm – 4:30 pm	*11:00 am – 5:00 pm	*1:00 pm – 7:00 pm	*12:00 pm – 6:00 pm 8:00 pm – 9:30 pm	*1:00 pm – 4:00 pm	* 9:00am – 1:00 pm
Lap Swim		11:00am-1:00pm		11:00am-1:00pm	11:00am-12:00pm	11:00am-1:00pm	
Reduced Admission Fees for pool use only	Free 4:00 pm – 5:00 pm					Loonie / Toonie 4:00 pm – 6:30 pm Free Youth Swim 9-19 years 7:00 pm – 9:00 pm	Loonie / Toonie 4:00 pm – 6:30 pm Free Youth Swim 9-19 years 7:00 pm – 9:00 pm
Change rooms, Showers, Locker rooms available	8:45 am – 5:30 pm	9:45 am – 8:30 pm	9:30 am – 8:30 pm	9:45 am – 7:30 pm	10:45 am – 10:00 pm	9:45 am – 9:30 pm	8:45 am – 9:30 pm
Please note: The specialty change room is closed for maintenance until further notice.							
Use of Weight Room is restricted to those over 16 years of age, OR 12 – 15 years with adult supervision.							
Weight Room	9:00 am – 9:30 pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm Free Admission 5:00 pm – 9:30 pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm Free Admission 12 noon – 1:00 pm	9:00 am – 9:30 pm	9:00 am – 9:30 pm
Gymnasium			Free Admission 5:00 pm – 9:30 pm		Free Admission 12 noon - 1:00 pm		
Aquafitness Drop-In		AquaLite 10:20 am – 11:05 am Oct 7 – Dec 9 No class Oct 14 & Nov 11		AquaLite 10:20 am – 11:05 am Oct 9 – Dec 11 Aqua Fitness Deep 1:00pm-1:45pm Last Class Dec 4, 2019		AquaLite 10:20 am – 11:05 am Oct 11 – Dec 13	
In-Person Registration	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm	9:00 am – 9:00 pm

Visit <http://winnipeg.ca/cms/recreation/registration.stm> for Registration Information check in-person registration times at the facility of your choice.Check Swimming for all Ages at <http://winnipeg.ca/cms/recreation/leisureguide.stm> for swim course codes

Closed Monday October 14, 2019 & Monday November 11, 2019

Hours subject to change - Call 311 or visit http://winnipeg.ca/cms/recreation/facilities/pools/indoor_pools/indoorpools.stm for schedule updates