



# Leadership Development Courses



Registration for these courses is ongoing; register any time by calling 311 or logging on to [Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline) in the course category "Leadership Development". Pre-requisites must be met prior to registering for courses.

## Red Cross First Aid & CPR C/AED: Train to respond to emergencies!

- **Emergency First Aid & CPR C/AED:** basic first aid skills and CPR/AED - 8 hours  
Recertification course - 6 hours
- **Standard First Aid & CPR C/AED:** comprehensive first aid and CPR/AED training - 16 hours  
Recertification course - 8 hours
- **CPR C/AED:** 6 hours  
Recertification course - 4 hours

## Aquatic Instructor Courses

Successful completion of Aquatic Instructor courses and completion of required practice teaching certifies registrants to be swimming instructors.

- **Red Cross:** Water Safety Instructors - 25 hours (requires 12 hours practice teaching after course completion)  
Water Safety Instructor Recertification course - 4 hours (required every 2 years to remain current)
- **Lifesaving Society:** Lifesaving & First Aid Instructor - 44 hours (includes peer teaching)  
Lifesaving & First Aid Instructor Recertification course - 8 hours

## Lifeguarding Courses

Successful completion of Lifeguarding courses teaches water proficiency, first aid skill and emergency recognition and response.

- **National Lifeguard - Pool:** This certification is the minimum standard for Lifeguards in Manitoba. - 44 hours  
Recertification course - 4 hours

For more information about Leadership Development courses offered by the City of Winnipeg, please call 311 or visit [Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline). Courses can be found in the "Leadership Development" category.

Didn't get a spot in the course that you require? Put your name on the wait list for that course — if a spot becomes available, you will receive a call from us. At that time, you can decide to take or decline the spot.

**[Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline) or call 311**

# The wave of the future ... train to become a City of Winnipeg Aquatic Instructor or Instructor/ Lifeguard

The City of Winnipeg offers all the courses you need to join our team! Register now by visiting [Winnipeg.ca/leisureonline](http://Winnipeg.ca/leisureonline) (you will find the courses in the Leadership Development category). Once you have obtained all of the required qualifications, you can apply for an Aquatic Instructor or an Instructor/Lifeguard position. Pre-employment training and testing will be provided.

For more information, please visit [Winnipeg.ca/cms/recreation/facilities/pools/indoor\\_pools/indoorpools.stm](http://Winnipeg.ca/cms/recreation/facilities/pools/indoor_pools/indoorpools.stm)

These are the qualifications you will need:

## Additional requirements for Instructor/Lifeguard:

### Red Cross Water Safety Instructor (WSI)

Must be 15 years old  
Must have completed  
Swim Kids Level 10

### Lifesaving and First Aid Instructor (LSI)

Must be 16 years old  
Must have completed Bronze Cross  
Must have current Standard First Aid  
& CPR C/AED

### Lifesaving National Lifeguard Award (NLS Pool)

Must be 16 years old  
Must have completed Bronze Cross  
Must have Standard First Aid  
& CPR C/AED

### Standard First Aid & CPR C/AED

We accept: Red Cross, St. John Ambulance, Criti  
Care, Aquatic Emergency Care

### Bronze Cross

Must have completed Bronze Medallion

Red Cross Swim Kids Level 10

### Bronze Medallion

Must be 13 years old or have completed Bronze  
Star

For employment opportunities, visit [Winnipeg.ca/hr](http://Winnipeg.ca/hr)