

# Self-Assessment

## Am I able to...

- Y  N Work and learn in a fast-paced and ever-changing work environment?
- Y  N Learn in a variety of settings (classroom, one-on-one coaching, online, etc.)?
- Y  N Quickly grasp and comprehend training materials and procedural information?
- Y  N Interact in a professional and calm manner, even under pressure?
- Y  N Maintain a high level of professionalism, both on and off duty?
- Y  N Work collaboratively and productively with coworkers and superiors?
- Y  N Operate within a paramilitary working environment (i.e. take directions from your superiors in front of coworkers)?
- Y  N Work in an office environment with scheduled breaks?
- Y  N Gain a sense of satisfaction from keeping our community safe?
- Y  N Work rotating shifts (days, evenings, nights), including weekends and holidays; potentially missing personal/family events?
- Y  N Commit to deliver excellent service to the public?
- Y  N Emotionally disengage in order to complete my tasks when dealing with situations involving suffering, tragedy, and other emergencies?
- Y  N Solve problems under pressure?
- Y  N Assess my strengths and weaknesses and seek opportunities for self-improvement?
- Y  N Do my ordinary duties extraordinarily well with competence, commitment, and compassion?

## Do I have...

- Y  N Critical thinking abilities and excellent multi-tasking skills?
- Y  N A strong support system for debriefing and emotional support?
- Y  N Self-care strategies to maintain work-life balance?
- Y  N The support of my family to commit the time required studying numerous materials during the training process?
- Y  N The ability to concentrate, read, and comprehend training materials required to be successful in the training process?
- Y  N The self-confidence to be assertive when the situation demands it?

**If you answer YES to all of the questions, then you should consider starting a meaningful career with us at the Winnipeg Police Service Communications Centre as 911 Call Taker!**

